



St. Joseph the Worker Elementary School

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SUGGESTED PACKING LIST – OUTDOOR EDUCATION 2018

*This list is a guideline only. Please pack according to the season and weather forecast.
If possible, please pack lightly enough so that all items fit in one bag.
Please ensure the bag is clearly labeled with your child's name.*

Sleeping bag

Pillow

Single bed sheet (optional)

(Mattress is provided; but students may want to cover it with the sheet)

Waterproof rain jacket

Waterproof rain pants

2-3 sweatshirts

4-5 t-shirts

1-2 pairs of shorts

2 pairs of long pants

1 pair of pyjamas

4-5 pairs of socks

4-5 pairs of underwear

2 pairs of running shoes *(1 pair can be hiking shoes or rubber boots)*

Hat / toque

Bathing suit

Towel

Sunglasses

Hat and sunscreen

Water bottle

Flashlight with extra batteries *(please test batteries in advance)*

Book, cards, or small item for quiet time

Pen / pencil

Garbage bag *(for wet or dirty clothes)*

*Toiletries *(ie – toothbrush and toothpaste, deodorant, soap)*

****Note – these should be packed in a labeled Ziploc bag and placed in the top of your child's luggage as per Camp Elphinstone's heat room procedures.***

NO ELECTRONIC DEVICES

(Students are permitted to bring along a waterproof disposable camera)