

St. Joseph the Worker Elementary School

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SUGGESTED PACKING LIST – OUTDOOR EDUCATION 2019

This list is a guideline only. Please pack according to the season and weather forecast. If possible, please pack lightly enough so that all items fit in one bag. Please ensure the bag is clearly labeled with your child's name.

Sleeping bag Pillow Single bed sheet (optional) (Mattress is provided; but students may want to cover it with the sheet) Waterproof rain jacket Waterproof rain pants 2-3 sweatshirts 4-5 t-shirts 1-2 pairs of shorts 2 pairs of long pants 1 pair of pyjamas 4-5 pairs of socks 4-5 pairs of underwear 2 pairs of running shoes (1 pair can be hiking shoes or rubber boots) Hat / toque Bathing suit Towel Sunglasses Hat and sunscreen Water bottle Flashlight with extra batteries (please test batteries in advance) Book, cards, or small item for quiet time Pen / pencil Garbage bag (for wet or dirty clothes) *Toiletries (ie – toothbrush and toothpaste, deodorant, soap) *Note – these should be packed in a labeled Ziploc bag and placed in the top of your child's luggage as per Camp Elphinstone's heat room procedures.

NO ELECTRONIC DEVICES

(Students are permitted to bring along a waterproof disposable camera)